



## A BALANCED CURRICULUM OPTION



*Check the Facts* curriculum is 100% compliant with the California Healthy Youth Act (AB329) and National and State Health Standards without the layers of oversexualized content and imagery that are common among other programs. *Check the Facts* also takes an informational approach as opposed to an instructional approach, also common among other programs.

## OUR MISSION

*Check the Facts* curriculum was developed to educate, equip, and empower students to make life affirming choices for their overall optimal health and well-being by providing instruction that is evidence informed, science based, medically accurate, unbiased, and age-appropriate, as deemed by the state of California. Our goal is to provide this required content in the most respectful way possible to all our students.

### The full 10-day curriculum includes information and skills regarding:

- Decision making
- Goal setting
- Values
- How to access information
- The importance of trusted adults
- Communication skills
- Fetal development
- Teen pregnancy
- STDs
- HIV
- Abstinence
- Contraception
- Negotiation and refusal skills
- Consent
- Facts on healthy and unhealthy relationships

*Check the Facts* uses hands-on learning activities such as games, role plays, and discussions to build knowledge, skills, and awareness that help students reduce risks of unplanned pregnancies, HIV, and other sexually transmitted diseases.

AB329 provides for parents/caregivers the right to choose what is best for their student. If a parent/caregiver feels this content is not right for their family and/or student, we at *Check the Facts* want to empower them to opt their student out of this program. However, we do encourage you to speak with your student about these topics, as they will still be addressed with your students' peers.

SCAN HERE TO LEARN MORE & DONATE

